









MONTAÑA DE FUEGO

RESORT & SPA

TOUR	TOUR DESCRIPTION	DEPARTURE TIME	HOW LONG	WHAT TO BRING
 Arenal Volcano hike and lava path	Discover the volcanic formations and the lava paths from a magical lookout that will fill with peace. Spot birds, monkeys & a lot of rainforest. Ask for our night tour.	8:00 a.m. 2:50 p.m.	3 hours	Bring: long pants, hiking shoes, poncho, mosquito repellent, camera, binocular.
 Horse Back Riding to Arenal Volcano	Ride with well trained horses through the jungle across a natural volcanic lake and enjoy spectacular views of the volcano.	8:30 a.m. 1:30 p.m.	3 hours riding	Bring: long pants, hiking shoes, sunscreen poncho and camera.
 Horse Back Riding to Arenal River Canyon	An unforgettable adventure where on entering the river the water level increases making the ride even more exciting. But don't worry your horse is equipped with special float that does not affect the operation of the engine. Recommended for children and amateur riders.	8:30 a.m. 1:30 p.m.	2 hours riding	Bring: Long pants, hiking shoes, poncho, mosquito repellent and camera.
 Canopy Tour with Rappel pure adrenaline Adventure	Feel the adrenaline sliding at 30 km / h over the tropical tree tops to finish descending 30 meters of rock with lots of fun. 9 different cables passing 13 platforms awaits! You would see monkeys, birds, butterflies and frogs. Optional: Combine with the horseback ride tour.	8:00 a.m. 10:30 a.m. 1:00 p.m. 3:00 p.m.	2,5 hours	Bring: comfortable clothing, sunscreen, tennis shoes.
 Arenal River Tubing Tour	White-water & a lot of wildlife. Navigate your adventure with your own tube rafting 2 km along the canyon of the Arenal River. It will be surrounded by extraordinary vegetation, rock formations, caves and small waterfalls where you can get wet.	8:00 a.m. 10:30 a.m. 1:00 p.m. 3:00 p.m.	2,5 hours	Prepare to get Wet! Bring water shoes, change of clothing for after the tour, swimsuit and sunscreen.
 Rafting Balsa River or Sarapiquí River	A lot of fun! Enjoy both exotic rivers and canyons with more than 20 continuous adrenaline rush, nature and fun. Select your favorite adventure. Balsa River 2-3 class y Sarapiquí River 3-4 class.	8:00 a.m. 10:00 a.m.	Full Day	Prepare to get Wet! Bring water shoes, change of clothing for after the tour, swimsuit and sunscreen.
 Combo Tour: Arenal 4 highlights attractions	Enjoy the most famous attractions in La Fortuna. 2 hikes (hanging Bridges and Arenal Volcano)+ explore La Fortuna Waterfall and choose your favorite hot spring resort. Lunch and dinner included.	7:50 a.m.	Full Day	Bring: long pants, hiking shoes, poncho, repellent, camera and binoculars, swimsuit.
 Caño Negro National Wildlife Refuge	Enjoy a motor boat trip through the Caño Negro River, one of the richest places on the continent for birdwatching. Caño Negro is internationally recognized as a Ramsar site. You would see caymans, monkeys, iguanas.	7:05 a.m	Full Day	Bring: long pants, hiking shoes, poncho, repellent, camera and sunscreen. Lunch included.
 Arenal Volcano Hanging Bridges	Explore the rainforest by walking on aerial bridges that will allow you to admire the great diversity of flora and fauna of the tropical forest and the imposing beauty of the Arenal Volcano from another angle. Includes: Naturalist guide, water and transport.	7:50 a.m.	3 hours	Bring: comfortable clothing, sunscreen, tennis shoes, camera, bug repellent.
 ATV Tour	Feel the adrenaline as you discover 4x4 roads visiting La Fortuna waterfall and surroundings. Bilingual guide and full ATV equipped are included.	7:10 a.m. 10:40 a.m. 2:10 p.m.	3 hours	Bring: light clothing, sunscreen, tennis shoes, sunglasses and camera.
 Kayak or paddle board on the Arenal Lake. Combo Optional	Let's do it! Kayak or paddle the Arenal Lake with majestic volcano views. Ask for the hiking combination for nature lovers.	7:50 a.m. 12:50 p.m.	4 hours	Bring: Sandals with straps, sunscreen, camera, change of clothing for after the tour and swimsuit.
 Transfers to anywhere	Private transportation to any place in Costa Rica. Private or shared transportation. Car rental and La Fortuna Shuttles.			

For reservations or information please call the TOUR DESK Ext. 105 or reception 101. No refunds for NO SHOW, CANCELLATIONS must be made 2 HOURS PRIOR to tour time. Ask for the Spa Treatments and Awesome Packages.